

# Lower Extremity Orthopaedic Care

# A Skilled Approach to Hip, Knee, Ankle, and Foot Surgery

At Beebe Healthcare, the Orthopaedic Services Team uses advanced technology and the latest surgical techniques to relieve hip, knee, ankle, and foot pain. From diagnosis through treatment, Beebe's orthopaedic specialists have the patient's best interests in mind when creating an individualized plan for treatment.

Beebe has expertise in advanced imaging, minimally invasive procedures, and faster recovery times to improve the patient experience.

The Orthopaedic Services program at Beebe specializes in the prevention, diagnosis, and treatment of disorders of the bones, joints, ligaments, tendons, muscles, and nerves (musculoskeletal system). Subspecialties within the department include adult reconstruction, pediatrics, sports, trauma, spine, foot, hand, shoulder, elbow, and oncology.

# **PROVEN POSITIVE OUTCOMES FOR HIP REPLACEMENT SURGERY**

If you are experiencing hip pain and the pain is preventing you from doing the things you enjoy, or simple activities like getting up from a chair, climbing stairs, or getting dressed are becoming more difficult, total hip replacement surgery may be a possible treatment option. Total hip replacements replace damaged joints and are effective in eliminating or reducing pain and increasing mobility.

### **KNEE SURGERY**

Our physicians and staff provide our patients with the most up-to-date, highest-level orthopaedic care. We specialize in a wide range of bone, muscle, and joint injuries and diseases including:

- · Adult joint replacements and revisions
- Sports injuries and fracture care
- General orthopaedic care



# Beebe Lower Extremity Orthopaedic Surgeons

# **Hip & Knee Surgeons**

#### CARROLL, DO, EDMUND, III

Board Certified in Orthopaedic Surgery; Fellowship Trained in Adult Reconstruction, Hip and Knee Replacement Surgery



Edmund Carroll III, DO, is Board Certified in Orthopaedic Surgery. He received his medical degree from the Philadelphia College of Osteopathic Medicine in 1995. He received his Fellowship training in Adult Reconstruction, Hip and Knee Replacement Surgery, from the University of Chicago Hospitals. He joined the Orthopaedic

Team at Beebe in 2005 and is with Orthopaedic Associates of Southern Delaware. He specializes in hip and knee replacement surgery, revision of hip and knee replacement surgery, knee arthroscopy, surgical treatment of fractures, and soft tissue disorders.

Orthopaedic Associates of Southern Delaware, P.A. Lewes: Phone: (302) 644-3311 • Fax: (302) 644-3300 Millsboro: Phone: (302) 231-1152 • Fax: (302) 945-3077

#### CHOY, MD, WILSON C.

Board Certified in Orthopaedic Surgery; Fellowship Trained in Joint Reconstruction



Wilson C. Choy, MD, is Board Certified in Orthopaedic Surgery. He received his medical degree from the SUNY–Health Science Center in Syracuse, N.Y. He completed his residency at the Long Island Jewish Medical Center in New York. He received his Fellowship training in Joint Reconstruction at Brigham and Women's Hospital

in Boston. He joined the Orthopaedic Team at Beebe in 1996 and is with Premier Orthopaedics Bone & Joint Care. He specializes in adult joint reconstruction, arthroscopic knee surgery, and fracture care.

Premier Orthopaedics Bone & Joint Care Georgetown, Lewes, Milford, Ocean View: Phone: (302) 424-4141 • Fax: (302) 422-6506

#### FARRELL, DO, JOSEPH M.

Board Certified in Orthopaedic Surgery; Fellowship Trained in Adult Reconstructive Surgery



Joseph M. Farrell, DO, is Fellowship Trained in Adult Reconstructive Surgery and specializes in hip and knee surgery. He received his Doctor of Osteopathy from Philadelphia College of Osteopathic Medicine (PCOM) and completed his residency in Orthopaedic Surgery at the PCOM consortium. He received his Fellowship

training at Texas Hip and Knee Center in Fort Worth. He joined the Orthopaedic Team at Beebe in 2015 and is with Premier Orthopaedics Bone & Joint Care. He is a member of the American Association of Orthopaedic Surgeons.

Orthopaedic Associates of Southern Delaware, P.A. Lewes: Phone: (302) 644-3311 • Fax: (302) 644-3300 Millsboro: Phone: (302) 231-1152 • Fax: (302) 945-3077

# Additional surgeons listed on the back.

#### FOOT AND ANKLE SURGERY

Ankle pain can be treated in many ways. Non-surgical treatment options include specially made shoes and shoe inserts, ankle braces, medications, and injections. Some surgical options also are available when other treatments do not help. Those include resurfacing of the bones and fusing the bones (arthrodesis).

Ankle replacement surgery replaces damaged bone and cartilage. Artificial parts (prosthetics) are used. There are different types of ankle replacement surgeries. The procedure can be an option if less-invasive treatments are ineffective and when the ankle has been damaged, if there is arthritis, and if the patient suffers from pain and difficulty in walking.

#### **RECOGNIZED FOR EXCELLENCE**

Beebe Healthcare received 5-star ratings from Healthgrades® for Total Knee Replacement for 17 Years in a Row (2004–2020), and for Total Hip Replacement for four Years in a Row (2017-2020). Beebe was also a recipient of the Healthgrades 2020 Joint Replacement Excellence Award.



JOINT REPLACEMENT

RECIPIENT

healthqrades



TOTAL HIP REPLACEMENT



The Joint Commission has awarded

Beebe Healthcare with a Certification for Hip and Knee Replacement Surgery programs and a Certification for Beebe's Spine Surgery program. These disease-specific

certifications mean that both surgery programs have met the highest national standards and guidelines that can significantly improve outcomes for orthopaedic surgery patients.

## For more information, call the Beebe Orthopaedic Services Nurse Navigator TOLL-FREE at (844) 316-3332 or email ortho@beebehealthcare.org.



# **Hip & Knee Surgeons continued**

#### HARRIOTT, MD, PAUL J.

Board Certified in Orthopaedic Surgery; Fellowship Trained in Sports Medicine



Paul J. Harriott, MD, is Board Certified in Orthopaedic Surgery by the American Board of Orthopaedic Surgeons. He received his medical degree from Harvard Medical School. He completed an Orthopaedic residency at Vanderbilt University Medical Center in Nashville and then went on to receive Fellowship training

in Sports Medicine at Pennsylvania Hospital in Philadelphia. He joined the Orthopaedic Team at Beebe in 2001. He is with Premier Orthopaedics Bone & Joint Care. He specializes in sports medicine, shoulder and knee arthroscopy, and total joint replacement.

Premier Orthopaedics Bone & Joint Care Georgetown, Lewes, Milford, Ocean View: Phone: (302) 424-4141 • Fax: (302) 422-6506

#### SOPA, DO, DAVID

Board Certified in Orthopaedic Surgery



David Sopa, DO, is Board Certified in Orthopaedic Surgery. He received his medical degree from the Kansas City College of Osteopathic Medicine. He completed his residency in Orthopaedic Surgery at Wilford Hall Medical Center and the University of Texas, both in San Antonio. He practices at Lewes Orthopaedics Center. He specializes in hand, ankle, and arm surgery, as well as

knee and hip procedures.

Lewes Orthopaedics Center Georgetown, Lewes: Phone: (302) 645-4939 • Fax: (302) 645-4927

#### **Podiatry Surgeons**

#### **CAPOBIANCO, DPM, CLAIRE MEGAN**

Board Certified in Podiatry, Rear Foot and Ankle Surgery; Fellowship Trained in Rear Foot and Ankle Surgery



Claire Megan Capobianco, DPM, is Board Certified in Podiatry, Rear Foot and Ankle Surgery and Fellowship Trained in Rear Foot and Ankle Surgery. She received her medical degree from Temple University of Podiatric Medicine and completed her residency at the Swedish Medical Center in Seattle. She joined Beebe in 2010

and specializes in diabetic limb salvage surgery, diabetic foot preventive surgery, and fore foot and rear foot/ankle reconstructive surgery.

Orthopaedic Associates of Southern Delaware, P.A. Lewes: Phone: (302) 644-3980 • Fax: (302) 644-2804 Millsboro: Phone: (302) 231-1152 • Fax: (302) 945-3077

#### **MENENDEZ, DPM, MARK**

Board Certified in Podiatry, Foot and Ankle Surgery



Mark Menendez, DPM, is Board Certified in Podiatry and Foot and Ankle Surgery. He received his medical degree from Pennsylvania College of Podiatric Medicine and completed his residency at St. Francis Central Hospital in Pittsburgh. He joined Beebe in 2000 and operates Coastal Foot and Ankle, LLC, with offices in Lewes and Milford. He specializes in foot and ankle ligament and

tendon repair.

Coastal Foot and Ankle, LLC Lewes: Phone: (302) 644-8500 • Fax: (302) 644-7355 Milford: Phone: (302) 422-3880 • Fax: (302) 422-3822

#### **ORSINI, DPM, ROMAN**

Board Certified in Podiatry, Rear Foot and Ankle Surgery; Fellowship Trained in Reconstructive Hind Foot and Ankle Surgery



Roman Orsini, DPM, is Board Certified in Podiatry and Rear Foot and Ankle Surgery. He received his medical degree from Rosalind University and Chicago University. He completed his residency at West Penn Hospital in Pittsburgh. He received Fellowship training at the AO Foundation in Switzerland. He

joined Beebe in 2001 and specializes in foot and ankle reconstruction and surgery, foot and ankle trauma, and ankle replacement.

Orthopaedic Associates of Southern Delaware Lewes: Phone: (302) 644-3980 • Fax: (302) 644-2804 Millsboro: Phone: (302) 231-1152 • Fax: (302) 945-3077